

Kilimanjaro Packing List
Created by: My Travel Tour
www.inbetweenismine.com

Clothing:

- Underwear x4 (Will re-wear)
- Socks x4 (Include wool)
- Sports Bra x2
- [Base layer leggings](#) x1
- [Base layer long sleeve](#) x2
- Wicking T-shirt x2
- [Buff](#)
- Fleece-lined leggings
- Hiking pants ([Prana Halle](#))
- Hiking Boots ([Merrell](#))
- Camp shoes (Crocs or loose tennis shoes)
- Beanie
- Sun hat
- Balaclava
- [Fleece pullover](#)
- [Insulated snow pants](#)
- Insulated jacket
- Waterproof pants
- Raincoat or poncho
- [Shorts](#)
- Gloves x2 (thin & thick)

Additional Items:

- Chapstick
- Neosporin
- Mini First Aid Kit
- Prescriptions (Diamox for altitude)
- Microfiber hand towel
- Solar Light ([Mpowered Luci Light](#))
- Book
- Camera/Cellphone
- Battery Charger
- Hair Tie x2
- Snacks/Candy
- Sleepmask (Great for nap before summit)
- Headlamp
- Extra batteries
- Hand warmers (hands & feet)
- Body wipes
- Toilet Paper
- Toothbrush/Toothpaste (Try [Bites](#))
- Sunscreen
- Bug Spray
- Lotion
- Feminine products
- All seasons sleeping bag (Can rent)
- Sleeping pad (comes with sleeping bag rental. Although I also used my [REI AirRail Sleeping Pad](#) and doubled up)
- Deodorant
- Hiking poles (can rent)
- Sunglasses